Linking Experience, Academics and Practice (LEAP) News
The Linking Experience, Academics and Practice (LEAP) program provides students with customized major and career exploration, intensive academic advisement, and access to experiential learning opportunities such as campus-based leadership, community service and internships. LEAP supports second-semester freshmen through their sophomore year.

Our Voices
Tips & Tricks to Stop Procrastinating. Emely Garcia, LEAP Peer Advisor
Taking classes online and being home for the much of the day can lead to procrastination! Here are some tips on how to stop procrastination: 1) Keep a daily calendar. Plan your day by writing down meetings and recurring appointments. Make sure to prioritize your activities. Don’t forget to include deadlines for assignments, papers, and exams. 2) Make a list of daily “must-do” items. For example, schedule time to check your email and Blackboard for announcements from professors and John Jay at large. 3) Get help! Connect with offices at John Jay that can provide academic resources, administrative support, and health and wellness resources. For more info, check out this list of campus resources and supports.

Industry & Skills
Remote Interviewing Strategies. Colin Wiggins, LEAP Senior Academic Advisor
Interviewing by phone, video conferencing, and audiovisual applications is becoming more and more commonplace. In order to keep their staff and interviewees safe, employers and internship directors are relying on technology to find the best candidates. But how can you use this to YOUR advantage? No matter the type of interview you’re doing, here are some quick tips to make a great impression: 1) Do your research on the company/organization and the specific position you’re applying for. 2) Prepare potential questions for interviewers. 3) Make sure your equipment is fully charged (laptop, phone, webcam) and you’re in a quiet space with a stable Wi-Fi connection. Most importantly? Reach out to your LEAP Advisor and Peer Mentors to help you prepare! Our workshops and one-on-one advising can make you a great candidate for whatever job or internship you’re applying for. For more info, check out these articles and resources on virtual interviews: Fast Company, Virtual Vocations, Harvard Business School, The Muse, and Interview Trainer.

Experiential Learning Opportunities & Resources
The hackNY Fellows Program is a summer-long experience for college students pursuing a future in tech. The program is made up of three pillars: Immersion, Experience, and Community. The 2021 HackNY Fellowship is open to all undergraduate students who will be graduating in 2021-2023. Deadline: November 22. Apply here.

Civil Service 101: Careers in Government Panel - Interested in working for NYC government? Come to this session to hear all about starting your career. In the session you will: Get an overview of the civil service test, the first step to becoming an employee. Learn about the Urban Fellows program for recent college graduates. Hear from current professionals about their paths and the long-term opportunities available to government employees. Speakers include representatives from DCAS, NYC Urban Fellows Program, the Mayor’s Office of Contract Services, and more! For more information, click here. Deadline: November 4 Register here. See our webpage for more opportunities!